

## Cross Country - Season Best Performances and Centre Records:

### 2008 Season Best Performances:

Age	Boys		Girls	
U6	Jack McFadden	2:12	Abbey Rockliff	2:13 R
U7	Marcus Blair	3:28	Elise Michael	4:06
U8	Sean Martin	3:10	Elena Parker	3:29
U9	Cooper Thompson	6:54	Olivia Whiting	7:44
U10	Adam Halmy	6:14	Tara Kissick	7:18
U11	Ben Moss	8:47	Charlotte Culver	9:07
U12	William Back	8:51	Nicola Simmons	9:11
U13	Joshua Williams	7:58	Bethany Halmy	9:28
U14	Lachlan Donaldson	8:35	Emily Gentle	9:39
U15	Mike Hobbs	8:06		
Open	Stuart Gemmell	8:13	Sarah Greenwood	8:18

### Course Records - Ku-ring-gai:

U6	Jack McFadden (2008)	2:12	Abbey Rockliff (2008)	2:13
U7	Thomas Crasti (1993)	3:18	Nicole Laird (2000)	3:26
			Stephanie Gelder (2000)	3:26
U8	Luke Doust (1998)	3:10	Stephanie Gelder (2001)	3:14
	Sean Martin (2008)	3:10		
U9	Thomas Crasti (1995)	6:19	Nicole Laird (2002)	6:51
U10	Seth Godlewski (2005)	6:19	Lisa Antill (1993)	6:42
U11	Julian Clark (2002)	8:47	Lisa Antill (1994)	9:00
	Ben Moss (2008)	8:47		
U12	Luke Doust (2002)	8:30	Gabi de Wit (1997)	8:58
U13	Joshua Williams (2008)	7:58	Gabi de Wit (1998)	8:36
U14	Tim Forsythe (2002)	8:12	Sarah Greenwood (2000)	8:53
U15	Nicholas Bromley (1998)	7:51	Fiona Alldis (2003)	8:55

### Course Records - All Comers:

U6	Adam Halmy (2004)	2:06	Abbey Rockliff (2008)	2:13
U7	Adam Halmy (2005)	3:10	Nicole Laird (2000)	3:26
			Stephanie Gelder (2000)	3:26
U8	Adam Halmy (2006)	3:08	Karlie Morton (2001)	3:12
U9	Thomas Crasti (1995)	6:19	Nicole Laird (2002)	6:51
U10	Adam Halmy (2008)	6:14	Tracey Morton (2001)	6:35
U11	David Geddes (1993)	8:22	Ashley Mason (2003)	8:50
U12	Jordan Smith (2003)	8:19	Tracey Morton (2003)	8:47
U13	Joshua Williams (2008)	7:58	Gabi de Wit (1998)	8:36
U14	Jordan Smith (2005)	7:57	Sarah Greenwood (2000)	8:53
U15	Nicholas Bromley (1998)	7:51	Fiona Alldis (2003)	8:55
Open	Joel Fitzgerald (2000)	7:29	Sarah Greenwood (2007)	8:12